

Y CARES means less!

If you are living on a fixed or limited income, your YMCA membership and program fees may cost you less through **Y CARES**. Assistance is determined on level of income, family size, and circumstances.

Who is Y CARES for?

It's for the **single-parent** who needs caring and safe after school care so her children won't go home to an empty and unsupervised house...

It's for a **senior citizen** on a fixed income who would like to continue on the road to better health by participating in Aqua Fit swim classes...

It's for a **teen** who wants to have fun but needs positive role models and constructive leisure time activities...

It's for the **family** that has found itself in tough economic times and needs a support system and family enriching programs...

It's for the **adult** looking to relieve the stress of daily life and work by participating in a variety of exercise options...

It may be for **you**.

Y CARES is easy!

It's easy to apply for **Y CARES**. Before signing up for a membership or registering for a program, simply ask at the YMCA Welcome Center for a **Y CARES** application.

Once the application has been submitted it will be reviewed, and you will be contacted concerning eligibility. All financial information will remain confidential. Financial assistance is awarded on a sliding fee scale. Our staff are sensitive to issues and needs, and address each one with a personal and caring approach.

The following documents must accompany your application to verify financial need:

1. most recent Income Tax Return;
2. employment check stubs or other proof of current salary;
3. any state subsidy (food stamps, disability, etc.)

SO REMEMBER...

Ask about **Y CARES** at either the Nashua or the Merrimack YMCA branches. Participating at the YMCA may cost less than you think, and you will find a place to play and get fit in spirit, mind, and body.

Y CARES Assistance Policy

Limited funds for financial assistance for YMCA programs and membership have been made available by the generous contributions of members and friends in the annual Strong Kids Campaign.

While participants are expected to pay their fair share, applicants may be eligible for assistance.

Completion of an application, "Y CARES" and proof of financial need is required as outlined in the application.

YMCA OF GREATER NASHUA:

Nashua YMCA

17 Prospect St.
Nashua, NH 03060
(603) 882-2011

Merrimack YMCA

6 Henry Clay Drive
Merrimack, NH 03054
(603) 881-7778

Camp Sargent

Camp Sargent Road
Merrimack, NH 03054

Y CARES

FINANCIAL ASSISTANCE PROGRAM



OPENING DOORS
for FAMILIES, COMMUNITIES
and YOU



More people are able to participate and experience YMCA activities and services because **Y CARES** makes the YMCA affordable to everyone.